

LESSON VI-3: Families

Student Learning Objectives:

VI-4. Students will list ways their families help them.

VI-5. Students will name ways families are alike and different.

Preparation

- Gather the needed materials.

Materials

Resources

- Book: *The Berenstain Bears Are a Family or Families Are Different*
- Book: *Why Am I Different?*

Realia

- Drawing paper
- Crayons or markers

Time: 15 minutes

Lesson Procedure

Introduction: 1 minute

Connect this lesson on families with the previous lesson on communicable diseases.

1. Share with the students:

In our health lessons, we have talked about how it feels to be sick and how to stop the spread of germs.

Think of one way we can stop the spread of germs. Show me by pretending to do it.
[washing hands, covering noses]

We also talked about who helps us when we're sick. I'd guess many of you said members of your family would help you if you were sick. That's because our families love and care for us in many ways.

Let's read a story about a family that loves and cares for each other. As I read the story, notice how many different people in the story are helping each other and listen for all the ways they show they love one another.

Activity 1: 6 minutes

Through a story, identify family members and how they demonstrate caring.

Teacher's Note: You have one of the two following books in your phase box: *The Berenstain Bears Are a Family* or *Families Are Different*. Using the book available to you, conduct one of the two options described below.

OPTION 1

1. Read the book *The Berenstain Bears Are a Family*.
2. Discuss the book using the following questions:

Who were some of the members of the Berenstain family? [Mama, Papa, Sister, Brother, Gramps, Gran, Aunt Dot, Uncle Ed, Cousin Fred]

Turn to your neighbor and tell him or her some of your family members.

What were some of the ways the members of the Berenstain family helped each other? [get dressed, wipe runny noses, keep clean, dry tears, play together, share food, solve problems]

Turn to your neighbor and tell him or her one way your family members help each other.

OPTION 2

1. Read the book *Families Are Different*.

Teacher's Note: This book mentions that babies grow in the mother's "belly." If your students want to discuss this concept further, the subject may turn to topics that are considered to be sex education. Prior to answering any questions pertaining to sex education, you should be aware of your local school district's sex education guidelines for what may be discussed in kindergarten.

If your guidelines do not allow you to discuss human pregnancy or reproduction in kindergarten, suggest that the students discuss their comments and questions with a parent or another adult family member at home.

2. Discuss the book using the following questions:

Who were some of the members of the families this book describes? [Mom, Dad, sister, brother, grandmother, grandfather, stepmother, half-sister, adopted children, adopted parents, dog]

Turn to your neighbor and tell him or her some of your family members.

What is the glue that holds all kinds of families together? [love]

What is one way Nico's sister was helping her? [Angel was teaching Nico how to read.]

Turn to your neighbor and tell him or her one way your family members help each other.