

<p style="text-align: center;"><b>MATERIALS/RESOURCES</b> <b>PHASE IV</b> <b>THE FOOD-HEALTH CONNECTION</b></p>
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Following each item listed, the number of the lesson where the item is used is provided for your reference. For example, “L-IV-2” means the item is used in “Lesson 2 of Phase IV.” “S” means the item is used in a Station Activity.

### **EQUIPMENT**

Overhead projector, L-IV-1, L-IV-3, L-IV-4, L-IV-6  
VCR and monitor, L-IV-4, L-IV-7

### **RESOURCES**

#### Videos

*What You Can't See Can Hurt You*, Michigan State University, College of Human Ecology and Children, Youth and Family Extension Programs, L-IV-4  
*Food Into Fuel: Our Digestive System*, L-IV-7

#### Models

Digestive System, L-IV-6, L-IV-7, L-IV-8, L-IV-9  
Removable Teeth in Jaw, L-IV-6  
Stomach, L-IV-8  
Choking Charlie, L-IV-10

#### Book

*Community First Aid & Safety*, American Red Cross, L-IV-10

#### Poster

“When Someone Is Choking” OR “Steps for Choking Emergencies,” American Red Cross 1993, L-IV-10

#### Student Worksheets

Building the Pyramid (five), L-IV-1 (Optional Activity)  
How Many Servings?, L-IV-2  
What's the Temperature?, L-IV-4  
Taking Care of My Teeth, L-IV-5  
Digestion, L-IV-6, L-IV-7, L-IV-8, L-IV-9  
Digestive Tract Scramble, L-IV-8 (Integration Idea)

#### Teacher Keys

How Many Servings?, L-IV-2

What's the Temperature?, L-IV-4  
Taking Care of My Teeth, L-IV-5  
Digestion, L-IV-6, L-IV-7, L-IV-8, L-IV-9  
Digestive Tract Scramble, L-IV-8 (Integration Idea)

### Teacher References

Sample Family Letter Inviting Family Members to Volunteer, L-IV-1  
Using Station Activities, L-IV-2  
Handwashing, L-IV-2  
Station Directions I, II, III, IV, and V, L-IV-2  
Booklet: *Learning About Your Oral Health*, American Dental Association, L-IV-6  
The Digestive System, L-IV-7  
"Construct-A-Gut," L-IV-8 (Integration Idea)  
Facts about the Liver, L-IV-9  
What the Doctor Saw, L-IV-9 (Integration Idea)

### Family Resource Sheets

More Than the Basic Food Groups, L-IV-2  
Food Safety, L-IV-4  
Dental Health, L-IV-5  
First Aid for Someone Who Is Choking, L-IV-10

### Miscellaneous

Transparency Master: Sketch of a Pyramid, L-IV-1  
Transparency Masters (set of five): Building the Pyramid, L-IV-1  
Station Cards I, II, III, IV, and V, L-IV-2 (S-I, II, III, IV, and V)  
Station Assistants, L-IV-2  
Transparency Master: Where's the Fat?, L-IV-3  
Food Models, National Dairy Council, L-IV-5, L-IV-6  
Pamphlet: *Caring for Your Teeth and Gums -OR- Taking Care of Your Teeth and Gums*,  
(fourteen copies), American Dental Association, L-IV-5  
Transparency: "Results of Decay," from *Learning About Your Oral Health*, L-IV-6  
Transparency: "Where Plaque Hides," from *Learning About Your Oral Health*, L-IV-6  
Pamphlet: *Smokeless Tobacco: Think Before You Chew* (classroom quantity), American  
Dental Association, L-IV-6  
Master: Choking Rescue, L-IV-10  
Resource Person: Choking rescue instructor, L-IV-10 (Optional Activity)

### **REALIA**

Glue or Paste, L-IV-1 (Optional Activity), L-IV-8  
String or yarn, L-IV-1 (Optional Activity), L-IV-8  
Magazines with food pictures, L-IV-1 (Optional Activity)  
Scissors, L-IV-1 (Optional Activity)  
Transparencies, L-IV-1, L-IV-3, L-IV-4  
Non-permanent markers (four colors), L-IV-1, L-IV-4  
Crayons or markers, L-IV-1 (Optional Activity), L-IV-4, L-IV-5, L-IV-6  
Paper, L-IV-2 (S-I, IV, V) L-IV-3  
Pencils or pens, L-IV-2 (S-I, IV, V) L-IV-3, L-IV-4, L-IV-5, L-IV-6, L-IV-7, L-IV-8, L-IV-9  
Scales (three) for measuring ounces, L-IV-2 (S-I, IV, V)  
Measuring cups (six), L-IV-2 (S-I, II, III, IV, V)  
Tablespoon (one), L-IV-2 (S-V)