

<p style="text-align: center;"><b>MATERIALS/RESOURCES</b> <b>PHASE VI</b> <b>WELLNESS THROUGHOUT THE YEAR</b></p>
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Following each item listed, the number of the lesson where the item is used is provided for your reference. For example, “L-VI-2” means the item is used in “Lesson 2 of Phase VI.”

## **EQUIPMENT**

None

## **RESOURCES**

### Books

*How GREEN Are You?* L-VI-3 (Optional)  
*I Can Save the Earth -OR- How GREEN Are You? -OR- Earth Book for Kids*, L-VI-4  
*Fern Gully*, L-VI-3 (Integration Idea)  
*50 Simple Things Kids Can Do to Save the Earth* (five copies), L-VI-4  
*The Magic School Bus: At the Waterworks*, L-VI-4 (Integration Idea)

### Posters

Steps in Negotiating, L-VI-5  
Check It Out!, L-VI-5

### Resource Persons

Environmentalist, L-VI-3 (Optional Activity)  
Water conservationist, L-VI-4 (Optional Activity)

### Student Worksheets

Exercise and Rest, L-VI-1  
What about My Environment?, L-VI-3  
Helping My Environment, L-VI-4  
What Project Will We Decide to Do?, L-VI-5  
Community Support, L-VI-6  
My Health Habits, L-VI-7

### Teacher Keys

Exercise and Rest, L-VI-1  
What about My Environment?, L-VI-3

### Teacher References

Seasonal Health Issues, L-VI-2  
Community Support Services I through V (set of five), L-VI-6

## Family Resource Sheets

Seasonal Health Issues, L-VI-2  
Water Conservation, L-VI-4

## Miscellaneous

Chart Master: Healthy You!, L-VI-1

## **REALIA**

Pencils or pens, L-VI-1, L-VI-3, L-VI-4, L-VI-5, L-VI-6, L-VI-7  
Chart paper, L-VI-2  
Markers, L-VI-2  
Masking tape, L-VI-2  
Writing paper, L-VI-4, L-VI-6  
Crayons, L-VI-6  
Pins, L-VI-6 (Optional)  
Scissors, L-VI-6 (Optional)  
Maps of your local community (either one large or five smaller ones), L-VI-6  
Phone books (five or more), L-VI-6  
Other supplies, depending on which activity is chosen, L-VI-7