

<p style="text-align: center;"><b>MATERIALS/RESOURCES</b> <b>PHASE VI</b> <b>GROWING AND CARING</b></p>
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Following each item listed, the number of the lesson where the item is used is provided for your reference. For example, “L-VI-2” means the item is used in “Lesson 2 of Phase VI.”

### **EQUIPMENT**

VCR and monitor, L-VI-8

### **RESOURCES**

#### Video

*Feeling Good About Myself*, from *An Early Start to Good Health*, American Cancer Society, L-VI-8

#### Books

*Children Do, Grownups Don't* (Optional), L-VI-3  
*The New Baby OR Will There Be a Lap for Me?*, L-VI-4  
*I'll Always Love You*, L-VI-4  
*I Have a Sister, My Sister Is Deaf*, L-VI-7  
*Someone Special, Just Like You*, L-VI-7

#### Posters

Living Things (set of 3), L-VI-2  
Who Is My Mother? (Baby Animals), L-VI-2, L-VI-3  
Storyboard, L-VI-6  
Story Cards, L-VI-6 (blank cards)

#### Student Worksheet

I Have Grown, L-VI-1 (Integration Idea)

#### Teacher Reference

Sample Family Invitation to the Culminating Health Lesson, L-VI-1

#### Family Resource Sheets

Living Things Need Special Care, L-VI-2  
The Importance of Families and Different Skills and Abilities, L-VI-7

## Miscellaneous

Optional Resource Persons: Parent and Infant, L-VI-2 (Optional Activity)

### **REALIA**

Beans or seeds of choice (three or four per student), L-VI-1  
Small stones (one per student), L-VI-1  
Zipper storage bags, small (two per student), L-VI-1  
Water, L-VI-1  
Paper towels (two per student), L-VI-1  
Crayons or markers, L VI-1 (Integration Idea), L-VI-3, L-VI-5  
Drawing paper, L-VI-1 (Integration Idea), L-VI-3, L-VI-5  
Large sheets of butcher paper, L-VI-1 (Integration Idea)  
Tape, L-VI-1 (Integration Idea)  
Yardstick, L-VI-1 (Integration Idea)  
Egg, L-VI-2  
Seeds, a variety, such as orange, peach, corn, acorn, pine cone, L-VI-2  
One of the sets of seed and stone plantings (from Lesson VI-1), L-VI-2  
Student pictures from home, one picture of the student as an infant and the second picture as a first grader, L-VI-2 (Optional Activity)  
Seed plantings from Lesson VI-1, L-VI-4 (Optional Activity)  
Soil, L-VI-4 (Optional Activity)  
Cups (one per student), L-VI-4 (Optional Activity)  
Non-permanent marker, L-VI-6