

LESSON II-1: Safety All Around Us

Student Learning Objectives:

- II-1. Students will name safe behaviors when walking, playing, and riding in a vehicle.
- II-2. Students will name traffic signs and explain their meanings.

Preparation

- Gather the needed materials.
- Prepare bulletin board space for the traffic signs.
- Decide how you will obtain and prepare the food items for the Integration Idea if you plan to conduct this activity. Send a letter to parents asking for specific food items, if needed.

Materials

Equipment

- Cassette player, if using the filmstrip and cassette
- Filmstrip projector, if using the filmstrip and cassette
- VCR and monitor, if using the video

Resources

- Filmstrip and Cassette: *Safety Choices* (6 minutes) OR Video: *Safety Rules and You* (12 minutes)
- Bulletin Board: Traffic Safety Signs

Realia

- Crayons (Integration Idea)
- Drawing paper (Integration Idea)
- Food items: eight-sided crackers, peanut butter, red jam; triangle crackers, yellow cheese; rectangular crackers, strawberries, yellow cheese, green olives (Integration Idea)

Time: 25 to 31 minutes, depending on media

Lesson Procedure

Introduction: 3 minutes

Introduce this phase on safety.

1. Share with the students:

Smile at me if you enjoy playing with your friends. Stand up if you can think of something that you and your friends enjoy doing together.

Ask the students to remain standing while you call on a student to tell the class his/her idea. Then ask that student and any other students who had the same idea to sit down. Record the activities on the board. Repeat this process until all the students are seated.

We have quite a list of fun activities on the board. If you have ever heard of someone getting hurt doing any of these things, put your hand on your head. We don't want anyone to get hurt. Let's find out some things we can all do to keep from getting hurt. Let's learn about safety.

Activity 1: 11 to 17 minutes, depending on media

Introduce behaviors to keep students safe while walking, playing, and riding in a vehicle.

Teacher's Note: You have one of the following pieces of media available for use with this lesson: a filmstrip and cassette titled *Safety Choices*, or a video titled *Safety Rules and You*. Using the media available to you, conduct one of the two options described below.

Option 1

1. Share with the students:

I have a filmstrip to show you. It's all about safety choices. Listen carefully and we'll talk about what you learned following the filmstrip.

2. Show the filmstrip *Safety Choices*.

3. Ask the students:

What sentence did the filmstrip keep repeating about safety? [Be safe, not sorry!]

What are some things we should do to stay safe if we walk to school? [Walk far to the side of the road, facing traffic, and single file if there are no sidewalks. Cross at corners and with a green light. Don't go between parked cars. Don't chase balls into the street. Wear bright clothes.]

What is the safe way to ride in a car? [Buckle your safety belt. Don't bother the driver. Keep your body inside the car. Don't act like it's a playground.]

What are some safety ideas for riding in a school bus? [Stay in your seat. Don't bother the driver. Cross the street safely when you get out.]

How should we behave to stay safe at school? [Walk in the halls and on the stairs. Don't push in line or anywhere else. Handle scissors safely. Use playground equipment properly.]

How should we behave to stay safe around strangers? [Don't ever accept a ride from a stranger. Never go anywhere with a stranger.]

Sometimes when we are walking, riding in a car or bus, or playing at home and school, we get in a hurry and might be careless. We might not look or listen carefully to what is going on around us. When this happens, we might get injured or hurt.

Option 2

1. Share with the students:

I have a video to show you. It's all about safety choices. Listen carefully and we'll talk about what you learned following the video.

2. Show the video *Safety Rules and You*.

3. Lead a discussion using the following questions:

What are some of the things you can do to be safe while riding a bike? [Wear a helmet. Put a bell or horn and a light on your bike. Make sure your bike equipment is working properly, etc.]

What do safety rules help us do? [Safety rules help us avoid danger if we use them.]

What safety rules keep you safe while walking? [Use the crosswalk. Obey the traffic signs. Do not run out into the road, etc.]

What are some safety rules for school and playground? [Don't run in the halls. Pick up dropped items. Pay attention to others and watch where you're going. Use equipment safely, etc.]

What are some other ways the video showed to be safe? [Use a ladder, not a chair, when trying to reach something. Wear a life jacket around water. Keep poisons locked up. Dial 911 if help is needed, etc.]

Sometimes when we are walking, riding in a car or bus, or playing at home and school, we get in a hurry and might be careless. We might not look or listen carefully to what is going on around us. When this happens, we might get injured or hurt. That is why it is so important to think before you act.

Activity 2: 1 minute

Discuss the importance of rules.

1. Write the word “rule” on the chalkboard and share with the students:

We've been discussing things we can do to stay safe. When school started this year, we talked about rules we follow here at school. Remember, a rule tells you what to do or not to do to stay safe and get along with others.

Teacher's Note: This definition for the word rule was taught in kindergarten lessons.

Rules are important to remember in order to stay safe. We need to think before we act, and we need to follow the rules!

Activity 3: 8 minutes

Identify traffic signs and their meanings.

1. Share with the students:

An important safety tip for traveling is: follow the traffic laws and signs. Laws are special rules made by our government. They help all of us stay safe. Let's look at some traffic signs and make sure we know what they mean.

2. Show the traffic signs one at a time and ask the students:

What is the name of this traffic sign? What should we do when we are walking, and we see this sign?

Be sure to draw attention to the use of shapes and color on each sign.

Place them on the bulletin board as they are discussed.

Closure: 2 minutes

- Summarize by stating:

Friends can help each other stay safe by reminding one another about safety rules if someone forgets. Turn to your neighbor and quietly tell them a rule you learned or were reminded of today.

Gather some of their ideas in the large group.

- State:

Our next lesson will teach us exactly what to do to stay safe when walking. We'll have a chance to review what we have learned today and learn some new rules, too.

Integration Ideas

Nutrition and Food Preparation

- Make Traffic Sign snacks as found in “Everyday Circle Times” published by Building Blocks, Elgin, Illinois 60123.

STOP SIGNS:

Eight-sided crackers
Peanut butter
Red jam

YIELD SIGNS:

Triangle crackers
Peanut butter
Red jam

TRAFFIC LIGHTS:

Rectangular crackers
Strawberries
Yellow cheese
Green olives
(slice food into circles,
place on cracker)

Art

- Ask the students to draw a picture of a child following a safety rule. Ask each child to show his/her picture to the rest of the class and ask them what might happen if the safety rule isn't followed.
- Ask each child to draw and color a safety poster that is appropriate for a season or holiday (e.g. Halloween safety, firecracker safety, ice safety). Post the completed safety posters where other students can see them.

Creative Play

- Divide the class into groups. Assign each group a safety rule. Ask them to prepare a short skit about a situation where a safety rule has been followed. Ask them what might have happened if someone had broken the safety rule.

Language Arts

- Have the students write and publish a class safety book. Divide your class into pairs or triads. Ask each pair/triad to choose a safety rule they think is important. Their task is to write a poem or short story about the rule and illustrate it. Collect the pages. Laminate them and bind them into a book. Put the book on display for the students to look at and visitors to see.