

# PUBERTY: The Wonder Years



## Promoting Appreciation & Respect for the Amazing Changes Experienced by Self and Others

Equipping Young People to Postpone Sexual Intercourse

## Puberty Education Curriculum

for students in upper elementary and early middle school

**Puberty: The Wonder Years** is designed for the school setting, but it also includes activities that involve parents and other family members with their children. It encourages children to talk with their parents about their spiritual beliefs and family values. It develops health skills children need to behave in a manner that is consistent with those beliefs and values:

- Communication
- Limit setting
- Refusal
- Getting help
- Friendship
- Analyzing media messages
- Distinguishing between reliable and unreliable sources of information

**Puberty: The Wonder Years** is puberty education curriculum for upper elementary and early middle school students. New in 2002, it was developed in response to requests from schools who want to equip young people to postpone sex and respect themselves and others as they mature.

## Order Form

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