



ACTIVITY GUIDE – Sun Safety Policy Development

Estimated Time:

5-10 hours

Resources Needed:

- American Cancer Society’s reproducible sun safety fact sheets
- National Association of State Boards of Education’s *Fit, Healthy, and Ready to Learn: Part II Sun Safety* policy guide
- Computer with printer

Directions:

1. Assemble a team and complete Michigan’s Healthy School Action Tool (HSAT). This comprehensive school health assessment tool and action planning guide includes sun safety questions that will help your team plan and implement needed policies around sun safety. You can visit www.mihealthtools.org and learn more about HSAT.
2. Work as a team and determine if any policies currently exist in your school building or at the district level related to sun safety. Determine if existing policies can be updated or if new policies need to be established.
3. Review the sun safety fact sheets and the *Fit, Healthy, and Ready to Learn: Part II Sun Safety* policy guide. Collect and review any other supporting sun safety resources.
4. In partnership with your district superintendent and building principal, brainstorm ideas and develop policy language that reflects the results of your HSAT outcomes and input from all team members. Create a draft policy that can be shared with school staff, parents, and other community members.
5. Use established procedures for reviewing and introducing new policy in your school or district. Highlight the new policy in your school newsletter to parents or host a PTSA/PTSO meeting that focuses on sun safety and the new or revised policy.

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The American Cancer Society is the nationwide community-based voluntary health organization dedicated to eliminating cancer as a major health problem by preventing cancer, saving lives, and diminishing suffering from cancer, through research, education, advocacy, and service. No matter who you are, we can help. Contact us anytime, day or night, for information and support. **Hope.Progress.Answers.**® / 1.800.ACS.2345 / www.cancer.org