



ACTIVITY GUIDE – Sun Safety Fashion Show

Estimated Time:

45 - 60 minutes

Resources Needed:

- American Cancer Society's reproducible fact sheet: *Sun Safety at School*
- Computer with printer
- Seasonal clothing
- Music/CD Player
- Stage area
- Sun safety gear: sunglasses, hats, sunscreen, umbrella, lip balm

Directions:

1. Explain to students that they will be demonstrating the types of clothing and accessories that should be worn to protect against the sun's harmful rays by organizing a fashion show.
2. Ask students what they currently wear outdoors each season. Next, review the *Sun Safety at School* fact sheet and then ask the students what they will wear now that they know how to be sun safe.
3. Allow students to work independently or in small groups. Have them discuss and select different sun safe clothes which are worn throughout the year and can be included in a fashion show. Ideas should be targeted at young adults their age. Depending on class size, you may have three students model clothes for each season. Spring and summer clothing could be knee-length shorts, wide brim hats, long sleeve or elbow-length shirts, and sunglasses. Fall and winter clothing can include long sleeve shirts, long pants, light jackets or coats, hats, and sunglasses. Students can also carry a bottle of SPF 15+ sunscreen, an umbrella, or SPF 15+ lip balm.
4. Have students discuss and vote on where and when to have the fashion show, who will be invited (target audience), what educational information will be provided, and how the fashion show will be promoted. If possible, allow students to use fun images and text on the computer to create their messages. Ask students to print completed promotional flyers and posters in color or black-and-white.
5. Choose students to be the fashion show hosts. The hosts will explain to the audience what each model is wearing and the sun safe benefits.
6. Choose additional students to be the fashion show DJ's. They will select and play the music for each model's walk down the runway or stage.

Adapted from the *SunWise* Toolkit, Environmental Protection Agency
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