

Michigan Model for Comprehensive School Health Education[®]

STAFF DEVELOPMENT GOALS & OBJECTIVES: GRADES 7-12

Goals:

- To provide educators with the knowledge and skills necessary to successfully implement the *Michigan Model for Comprehensive School Health Education*[®].
- To motivate educators to implement comprehensive school health education.

Possible Objectives To Choose From:

As a result of this workshop, participants will:

- Understand the philosophy and comprehensive nature of the *Michigan Model for Comprehensive School Health Education*[®].
- Examine the curriculum's scope and sequence.
- Understand the conceptual foundation for each of the secondary modules.
- Review the objectives and lessons within each module at the appropriate grade level.
- Examine the lessons contained in each module.
- Sample activities from each of the modules.
- Review essential health skills.
- Identify and understand the steps to skills-based instruction.
- Identify teaching skills and strategies for effective implementation of skills-based instruction.
- Identify benefits for health behaviors.
- Examine the risks and consequences of behaviors harmful to a person's health.
- Explore the teaching strategies and skills used in each module.
- Refine teaching skills needed to effectively implement health education.
- Share ideas for effective implementation of each module and/or health education.
- Discuss and practice effective teaching strategies used in the curriculum.
- Identify health-related community resources and their connection with the curriculum.
- Review health knowledge needed to facilitate student instruction.
- Develop an awareness of and concern for personal wellness.
- Acquire materials required to implement classroom lessons.
- Review selected media used in the curriculum.
- Review the materials needed to implement the curriculum and identify how to access them.
- Share expertise.
- Enjoy learning together.

