

Michigan Department of Community Health

Office of Drug Control Policy

Safe and Drug Free Schools

Middle School Level Instrument

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Developed by

S&DFS Evaluation Team

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Questionnaire for Middle School Students

1. What grade are you in?

1. 5th grade
2. 6th grade
3. 7th grade
4. 8th grade
5. 9th grade

2. Are you a:

1. Boy
2. Girl

3. So far this school year, have you had any lessons on tobacco, alcohol, other drugs, or violence?

1. Yes
2. No

4. I think smoking cigarettes is no big deal.

- | | | | |
|----------------|-------|----------|-------------------|
| 1 | 2 | 3 | 4 |
| Strongly Agree | Agree | Disagree | Strongly Disagree |

5. I think drinking alcohol at my age is no big deal.

- | | | | |
|----------------|-------|----------|-------------------|
| 1 | 2 | 3 | 4 |
| Strongly Agree | Agree | Disagree | Strongly Disagree |

6. I think doing drugs is no big deal.

- | | | | |
|----------------|-------|----------|-------------------|
| 1 | 2 | 3 | 4 |
| Strongly Agree | Agree | Disagree | Strongly Disagree |

7. I find it easy to get along with people who are different from me.

1	2	3	4
Strongly Disagree	Disagree	Agree	Strongly Agree

8. People don't need to fight because there are other ways to deal with being mad.

1	2	3	4
Strongly Agree	Agree	Disagree	Strongly Disagree

9. I feel that parties are more enjoyable when there are alcoholic beverages.

1	2	3	4
Strongly Agree	Agree	Disagree	Strongly Disagree

10. If I drank alcoholic beverages, I would have lower grades.

1	2	3	4
Strongly Agree	Agree	Disagree	Strongly Disagree

11. I think using drugs causes people to lose self-control.

1	2	3	4
Strongly Agree	Agree	Disagree	Strongly Disagree

12. I feel I would have more fun if I drank alcoholic beverages.

1	2	3	4
Strongly Agree	Agree	Disagree	Strongly Disagree

13. I feel drinking alcoholic beverages is a good way to forget my problems.

1	2	3	4
Strongly Agree	Agree	Disagree	Strongly Disagree

14. It's okay to hit someone who hits you first.

1	2	3	4
Strongly Agree	Agree	Disagree	Strongly Disagree

15. I think using drugs makes people more creative.

1	2	3	4
Strongly Agree	Agree	Disagree	Strongly Disagree

16. Sometimes a person deserves to be hit by her/his date.

1	2	3	4
Strongly Disagree	Disagree	Agree	Strongly Agree

17. I think the best way to get treated right is to make other people afraid of you.

1	2	3	4
Strongly Disagree	Disagree	Agree	Strongly Agree

18. It's okay to hit someone to get him/her to stop teasing you.

1	2	3	4
Strongly Agree	Agree	Disagree	Strongly Disagree

19. I think carrying a weapon, such as a gun or knife, is okay.

1	2	3	4
Strongly Disagree	Disagree	Agree	Strongly Agree

20. I would feel proud if I could drink more alcoholic beverages than other people.

1	2	3	4
Strongly Agree	Agree	Disagree	Strongly Disagree

21. I think it's OK if I get drunk on alcoholic beverages once in a while.

1	2	3	4
Strongly Agree	Agree	Disagree	Strongly Disagree

22. It's OK for me to hit someone to get him/her to do something I want.

1	2	3	4
Strongly Agree	Agree	Disagree	Strongly Disagree

23. I think using drugs helps people overcome boredom.

1	2	3	4
Strongly Agree	Agree	Disagree	Strongly Disagree

24. I think regular drug users have a hard time keeping friends.

1	2	3	4
Strongly Agree	Agree	Disagree	Strongly Disagree

25. Sometimes a person doesn't have any choice but to fight.

1	2	3	4
Strongly Agree	Agree	Disagree	Strongly Disagree

26. I feel I would be more popular if I drank alcoholic beverages.

1	2	3	4
Strongly Agree	Agree	Disagree	Strongly Disagree

27. I feel smoking marijuana is a good way to relax.

1	2	3	4
Strongly Agree	Agree	Disagree	Strongly Disagree

28. A person who does something to make someone really mad deserves to be beaten up.

1 2 3 4
Strongly Agree Agree Disagree Strongly Disagree

29. I think people who carry weapons get respect.

1 2 3 4
Strongly Disagree Disagree Agree Strongly Agree

30. I think some people are wimpy and deserve to get pushed around.

1 2 3 4
Strongly Disagree Disagree Agree Strongly Agree

31. How likely are you to relax and calm down when you are angry or upset?

1 2 3 4
Very likely Somewhat likely Somewhat unlikely Very unlikely

32. How likely are you to do what you think is right even if others won't go along?

1 2 3 4
Very likely Somewhat likely Somewhat unlikely Very unlikely

33. How likely are you to say what you think even if it is not popular?

1 2 3 4
Very likely Somewhat likely Somewhat unlikely Very unlikely

34. How likely are you to think about the consequences before you do something?

1 2 3 4
Very likely Somewhat likely Somewhat unlikely Very unlikely

35. How likely are you to apologize if you did something wrong?

1	2	3	4
Very likely	Somewhat likely	Somewhat unlikely	Very unlikely

36. How likely are you to understand the feelings of others when talking to them?

1	2	3	4
Very likely	Somewhat likely	Somewhat unlikely	Very unlikely

37. How likely are you to talk things through when you disagree with others?

1	2	3	4
Very likely	Somewhat likely	Somewhat unlikely	Very unlikely

38. How likely are you to accept others who are different from you?

1	2	3	4
Very likely	Somewhat likely	Somewhat unlikely	Very unlikely

39. A friend comes up after school and tries to sell Lee marijuana.

What would you suggest Lee do? (Choose only ONE)

1. Buy the marijuana and smoke it
2. Say, "Not today, maybe some other time"
3. Say, "I'm saving my brain cells for science!"
4. Say, "I don't have the money."
5. Say, "No," and suggest something else to do

40. A cousin offers Alex a beer.

What would you suggest Alex do? (Choose only ONE)

1. Take the beer and drink it
2. Say, "Not today, maybe some other time"
3. Say, "I have tons of homework"
4. Say, "My parents would ground me if they found out"
5. Say, "No," and suggest something else to do

41. Mel is extremely upset over a family matter and a friend offers Mel some pills to calm down and feel better.

What would you suggest Mel do? (Choose only ONE)

1. Take the pills
2. Say, "Not today, maybe some other time"
3. Say, "I'm not a space junkie"
4. Say, "My parents would ground me if they found out"
5. Say, "No," and suggest another way to calm down

42. Leslie has just finished an art project for school. Another student comes over to look at the project. The student is holding a jar of paint. Leslie turns away for a minute and the student has spilled paint all over the art project.

What would you suggest Leslie do FIRST? (Choose only ONE)

1. Trash the other kid's art project
2. Calm down and do something later to get even
3. Tell the teacher
4. Calm down and ask the kid what happened
5. Forget it and do nothing at all

43. One of Chris's best friends is fighting with another person.

What would you suggest Chris do? (Choose only ONE)

1. Join the friend in the fight against the other kid
2. Cheer the friend to win
3. Tell an adult
4. Try to get both of them to stop fighting
5. Go away and let the friend and the other kid fight it out

44. Michael always puts his arms around Nicole and 'accidentally' bumps into her while she is at her locker, making Nicole feel very uncomfortable.

What would you suggest Nicole do FIRST? (Choose only ONE)

1. Bump him back
2. Do something later to get even
3. Tell him to stop and tell an adult
4. Don't do anything and wait to see what he does next
5. Pretend it didn't happen

The following is the behavior section of the questionnaire. This section can be detached if necessary.

Because this section asks about illegal substances and behaviors, informed consent is required by law.

A consent form must be used if this section is to be given to students. The consent form must contain wording indicating that the questions will ask about illegal substance use and behaviors and that students do not have to answer questions that makes the student feel uncomfortable or that the student or the student's parents think the student should not answer.

45. When was the last time you were in a fight where someone was hurt?
1. Within the past month
 2. Between 1 and 6 months ago
 3. Between 6 months and 1 year ago
 4. Over 1 year ago
 5. Never
46. When was the last time you used a knife or gun to injure someone?
1. Within the past month
 2. Between 1 and 6 months ago
 3. Between 6 months and 1 year ago
 4. Over 1 year ago
 5. Never
47. During the past 30 days, on how many days (if any) did you smoke cigarettes?
1. Never in my life
 2. Not in the last 30 days
 3. 1-2 days in the last 30 days
 4. 3-5 days in the last 30 days
 5. 6 or more days in the last 30 days
48. In the past 30 days, if you drank alcoholic beverages, how often did you drink enough to get a buzz?
1. Never in my life
 2. No occasions in the past 30 days
 3. 1-2 occasions in the past 30 days
 4. 3-5 occasions in the past 30 days
 5. 6 or more occasions in the past 30 days
49. During the past 30 days, on the days you smoked (if any), how many cigarettes did you smoke per day?
1. I have never smoked any cigarettes
 2. None in the last 30 days
 3. 1-2 cigarettes per day during the past 30 days
 4. 3-5 cigarettes per day during the past 30 days
 5. 6 or more cigarettes per day during the past 30 days

50. During the past 30 days, on how many days (if any) did you use chewing tobacco or snuff?
1. Never in my life
 2. Not in the last 30 days
 3. 1-2 days in the last 30 days
 4. 3-5 days in the last 30 days
 5. 6 or more days in the last 30 days
51. On how many occasions (if any) have you had alcoholic beverages to drink--more than a few sips--during the last 30 days?
1. Never in my life
 2. No occasions in the past 30 days
 3. 1-2 occasions in the past 30 days
 4. 3-5 occasions in the past 30 days
 5. 6 or more occasions in the past 30 days
52. During the past 30 days, on how many days (if any) did you smoke cigars, cigarillos, or little cigars?
1. Never in my life
 2. Not in the last 30 days
 3. 1-2 days in the last 30 days
 4. 3-5 days in the last 30 days
 5. 6 or more days in the last 30 days
53. Think back over the **LAST TWO WEEKS**. How many times (if any) have you had five or more drinks in a row? (A 'drink' is a glass of wine, a bottle of beer, a wine cooler, a shot glass of liquor, or a mixed drink.)
1. Never in my life
 2. No times in the last two weeks
 3. 1-2 times in the last two weeks
 4. 3-5 times in the last two weeks
 5. 6 or more times in the last two weeks

54. On how many occasions (if any) have you used marijuana (grass, pot) or hashish (hash, hash oil) during the last 30 days?

1. Never in my life
2. No occasions in the past 30 days
3. 1-2 occasions in the past 30 days
4. 3-5 occasions in the past 30 days
5. 6 or more occasions in the past 30 days

55. On how many occasions (if any), have you used LSD ('acid') during the last 30 days?

1. Never in my life
2. No occasions in the past 30 days
3. 1-2 occasions in the past 30 days
4. 3-5 occasions in the past 30 days
5. 6 or more occasions in the past 30 days

56. On how many occasions (if any), have you used cocaine (sometimes called 'coke,' 'crack,' or 'rock') during the last 30 days?

1. Never in my life
2. No occasions in the past 30 days
3. 1-2 occasions in the past 30 days
4. 3-5 occasions in the past 30 days
5. 6 or more occasions in the past 30 days

57. On how many occasions (if any), have you sniffed or inhaled something in order to get high during the last 30 days?

1. Never in my life
2. No occasions in the past 30 days
3. 1-2 occasions in the past 30 days
4. 3-5 occasions in the past 30 days
5. 6 or more occasions in the past 30 days

58. On how many occasions (if any) have you used heroin during the last 30 days?

1. Never in my life
2. No occasions in the past 30 days
3. 1-2 occasions in the past 30 days
4. 3-5 occasions in the past 30 days
5. 6 or more occasions in the past 30 days

59. On how many occasions (if any) have you used steroids or amphetamines during the last 30 days (do not include anything you took under a doctor's order)?
1. Never in my life
 2. No occasions in the past 30 days
 3. 1-2 occasions in the past 30 days
 4. 3-5 occasions in the past 30 days
 5. 6 or more occasions in the past 30 days
60. During the LAST FOUR WEEKS, on how many days (if any) were you under the influence of alcohol while you were at school?
1. Never in my life
 2. Not in the last four weeks
 3. 1-2 days in the last four weeks
 4. 3-5 days in the last four weeks
 5. 6 or more days in the last four weeks
61. During the LAST FOUR WEEKS, on how many days (if any) were you under the influence of marijuana or some other illegal drug while you were at school?
1. Never in my life
 2. Not in the last four weeks
 3. 1-2 days in the last four weeks
 4. 3-5 days in the last four weeks
 5. 6 or more days in the last four weeks
62. During the LAST FOUR WEEKS, on how many days (if any) were you smoking cigarettes or using chewing tobacco while you were at school?
1. Never in my life
 2. Not in the last four weeks
 3. 1-2 days in the last four weeks
 4. 3-5 days in the last four weeks
 5. 6 or more days in the last four weeks

63. During the LAST FOUR WEEKS, on how many days (if any) were you carrying a gun, knife, or other weapon to school?

1. Never in my life
2. Not in the last four weeks
3. 1-2 days in the last four weeks
4. 3-5 days in the last four weeks
5. 6 or more days in the last four weeks

64. During the past 30 days, how many times (if any) did you ride in a car or other vehicle driven by someone who had been drinking alcohol?

1. Never in my life
2. No times in the past 30 days
3. 1-2 times in the past 30 days
4. 3-5 times in the past 30 days
5. 6 or more times in the past 30 days

65. During the past 12 months, how many times (if any) were you in a physical fight on school property?

1. I have never been in a physical fight on school property
2. Not in the past 12 months
3. 1-2 times in the past 12 months
4. 3-5 times in the past 12 months
5. 6 or more times in the past 12 months

66. During the past 12 months, how many times (if any) have you watched people fight other than on TV, in the movies, or videogames?

1. I have never watched people fight
2. Not in the past 12 months
3. 1-2 times in the past 12 months
4. 3-5 times in the past 12 months
5. 6 or more times in the past 12 months