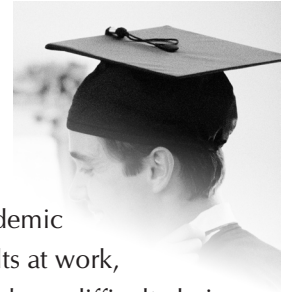




### 2001-2002 Year End Report



Good health is necessary for academic success. Like adults at work, students at school have difficulty being successful if they are hungry, sick, or tired; being bullied or abused; feeling depressed or stressed; or using alcohol or other drugs. A large body of research documents the clear link between students' mental and physical health and their ability to learn and perform on standardized tests. In one study, students who received comprehensive school health education scored higher on assessments in reading and math.<sup>2</sup>

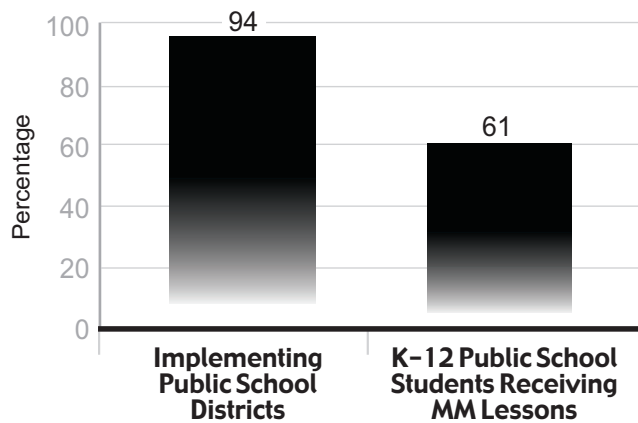
### Professional Development

*Michigan Model* training was provided to 3,389 public school teachers who participated in 405 trainings during the 2001-2002 fiscal year. Nine hundred and sixty *Michigan Model* modules were disseminated to middle school teachers, and 889 *Michigan Model* modules were disseminated to high school teachers who attended training. Professional development was delivered to 2,737 other school personnel, such as administrators and support staff, who participated in 283 workshops on other health-related issues, such as bullying prevention, asset development, and administering medication in schools.<sup>3</sup>

<sup>2</sup> Schoener, J., Guerrero, F., and Whitney, B. (1988). The effects of the Growing Healthy program upon children's academic performance and attendance in New York City. Report from the Office of Research, Evaluation and Assessment to the New York City Board of Education.

<sup>3</sup> Michigan Department of Community Health, Comprehensive School Health Education year end data from fiscal year 2002

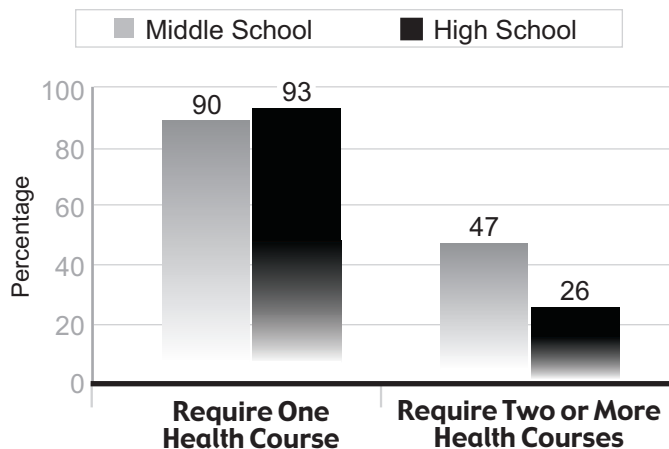
### Districts and Students Receiving Michigan Model



Michigan Department of Community Health, 2001-2002

Across Michigan, 1,024,503 public school students and 32,178 nonpublic school students received health education through the *Michigan Model*. An additional 6,773 special education students and 1,823 preschool students were taught how to be safe and healthy. Currently, 92 percent of Michigan's secondary schools (middle or high) require at least one health education course; 45 percent require two or more health education courses.

### Secondary Schools Requiring Health Courses



2002 School Health Education Profile