

 **WHAT IS IT? (RATIONALE)**

This activity gives the students a chance to lead everyone else around while also focusing on a beat or rhythm. This activity could be used to show students what one has to consider when they are in the position to lead.

 **GETTING STARTED (PROCEDURES & MATERIALS)**

You will need an indoor or outdoor area that is free from hazards, and a drum, whistle, or any other musical instrument. Begin by having the students line up one in front of the other. The student in the front of the line is the engine. The student in the back of the line is the caboose. The student who is the engine is the leader and gets to lead the rest of the students where ever he/she wants to take them. While the engine is leading the class around, the teacher is banging on a drum. When the teacher picks up the beat the caboose goes to the front of the line and becomes the engine. Be sure to tell students that when they are the engine they need to keep in mind what everyone else is doing. Don't put a child in a situation where they could get hurt.

 **DEVELOPED BY:**

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 **REFERENCES - NONE**

<http://www.pecentral.org/lessonideas/ia.iamenu.html>

 **SOURCE**

Dan Nichols, Plain Elementary School - Simpsonville, SC

 **ADAPTATIONS**

- A. If the students are well behaved you could have the students who become the "engine" pick a new locomotor movement every time they come up to the front of the line. If they are doing well with this method, they could have many lines with each of the lines having an engine and a caboose.
- B. To make this activity easier for younger students, use two different noises - one beat to march by and a different signal (i.e. a bell, whistle, hand clap) to signify a change in leaders.
- C. Try using two lines as a double train to allow for more opportunities to be the leader.

DOMAINS ADDRESSED



BODY IMAGE
SEQUENCING
FOLLOWING DIRECTIONS



BALANCE
GENERAL COORDINATION



NONE



RESPECT FOR OTHERS
COOPERATION
SELF CONTROL