

WHAT IS IT? (RATIONALE)

This activity is a forerunner of multiplication. In kindergarten, children were taught points on their bodies which will be associated with counting and finally multiplication and division in the following grades.

GETTING STARTED (PROCEDURES & MATERIALS)

No materials are necessary for this activity. Have the children assume a wrestling stance which means that their feet are firmly planted on the ground about shoulder width apart and their bodies are in a slight squatting position. Each point is associated with a number: forehead (1), left shoulder (2), right shoulder (3), left elbow (4), right elbow (5), left hand (6), right hand (7), left hip (8), right hip (9), left knee (10), right knee (11), and belly button (12). Every time that the children are directed to count, they will assume this stance and touch the body part associated with each number. When the children have learned to count in this manner, have them count by 2's saying "2" on the forehead, "4" on the left shoulder, "6" on the right shoulder, etc. Use this for any multiple.

No equipment necessary.

ADAPTATIONS

Once the children are comfortable with the sets of multiples, have them count the multiples backwards from twelve.

DEVELOPED BY:

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DOMAINS ADDRESSED



SEQUENCING
LANGUAGE
BODY IMAGE
LATERALITY



BALANCE
GENERAL COORDINATION
TACTILE TOUCH



FLEXIBILITY



FOLLOWING DIRECTIONS
SELF CONTROL
RESPECT
BEST EFFORT