

 **WHAT IS IT? (RATIONALE)**

Math and reading benefit from a strong base in laterality (left and right awareness). Children should be able to cross their midlines so that they can perform these academic processes easily.

 **ADAPTATIONS**

Practice tying knots while increasing the speed and difficulty.

 **GETTING STARTED (PROCEDURES & MATERIALS)**

Have children practice tying all different kinds of knots. You can obtain information on the art of tying knots in the encyclopedia or on knot tying cards at the local scout shop.

 **DEVELOPED BY:**

Cathy Johnson, Project First Step

Materials needed: 1/4" rope cut to about 24" in length. COLLECT AFTER USE!

DOMAINS ADDRESSED



SEQUENCING

**BODY IMAGE
FOLLOWING DIRECTIONS
LATERALITY**



BALANCE

**HAND/EYE
COORDINATION
TACTILE TOUCH**



FLEXIBILITY



BEST EFFORT

**SELF CONTROL
RESPONSIBILITY**