

WHAT IS IT? (RATIONALE)

Learning the letters through art can be fun and useful. Associations enhance memory.

GETTING STARTED (PROCEDURES & MATERIALS)

For this activity, you will need paper and crayons. Have the children individualize the alphabet by drawing bold letters. For each letter they will also include a drawing of an object that begins with the bold letter. For example, an “A” could have an arm coming out of its side. A “B” could have a picture of a ball in one of the holes of the letter. Have each child then associate a physical activity with their drawing. For example, flex your arm for “A”, or bounce a ball for “B”.

ADAPTATIONS

You could turn this into a sequential game as well. Have each student present their letter, following the order of the alphabet. The entire class will have to act out the activity together. With the addition of each letter you will add to the series of activities they must perform until they have reached the end of the alphabet.

For example:

Round 1: Flex your arm

Round 2: Flex your arm, bounce a ball

Round 3: Flex your arm, bounce a ball, crawl like a cat, etc.

DEVELOPED BY:

Cathy Johnson, Project First Step

DOMAINS ADDRESSED



SEQUENCING
BODY IMAGE
LATERALITY



FINE MOTOR SKILLS
BALANCE
HAND/EYE COORDINATION
TACTILE TOUCH
GENERAL COORDINATION



FLEXIBILITY



FOLLOWING DIRECTIONS
BEST EFFORT
SELF CONTROL
RESPONSIBILITY
COOPERATION
RESPECT